"There is a call to action in this age, for all of us to step forward as leaders and as agents of change, because the status quo is not sustainable."

**Change Starts from Within**

Launch film about Institute for Transformational Leadership at Georgetown University, 2013

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Transformational Leadership Coaching: *Cura Personalis* and the Global Story

A New Workshop with Lloyd Raines and Kirsten Olson at the...

**Institute for Transformational Leadership**
**Georgetown University Center for Professional Development**

**Washington, DC**
**Upcoming 2015**
What is the change you want to be when you coach?

What is your coaching in service to?

In this intimate, challenging, vibrant new program, we will explore the connections between care for the whole person, or cura personalis, and the emerging conversation on "worldly" leadership and its implications for coaching. We will go deeply inward, looking at who we are in our own leadership visions, and then explore the emerging global conversations on leadership, new awarenesses of where and from whom leadership emerges, and how we might push our own boundaries of what is possible to take action in the world.

Using cases and questions from participants' and leaders' own coaching portfolios, we will investigate the participant's leadership platform as a coach, new definitions of what it means to be leader in an ever-more-connected world, and the developmental challenges of the global perspective. When you coach, what is the change you want to see in the world?

Coaches who take this three-day program will...

- Become part of an emerging coaching conversation pushing the boundaries of self-development as it relates to worldly leadership development
- Join a community of coaches who are interested in cura personalis and alternative wisdoms and alternative visions of what constitutes leadership around the world
- Commit to an activist learning project at the end of the workshop, accountable to the group and a learning partner
- Emerge with a rich set of tools immediately useful for inquiry, strategic action, and a more powerful coaching practice.

Enrollment is limited, and some pre-work is required. Tuition for the 3-day program is $1495.00. Individuals are invited to email the instructors: Lloyd at lloyd@integral-focus.com or Kirsten at old sowconsulting@gmail.com for more information or answers about course content. Registration information is available at Institute for Transformational Leadership http://scs.georgetown.edu/departments/37/institute-for-transformational-leadership/programs.cfm
Course Overview

- This workshop is an exploration into *cura personalis* (care for the whole person) and its relationship to the global story. Each of us lives nested within a set of social, cultural, historical, and environmental stories that limit or make possible the actions that will define the direction of the 21st century.

- Our intention is to create a unique learning community in which to develop a bolder, whole-hearted set of core coaching competencies that elicit courageous, compassionate, and wise leadership.

- Kirsten and Lloyd designed the workshop to tap individual, small group, and collective insights and expertise through the stories, aspirations, and wisdom we carry as individual coaches and as a community of coaches. We investigate the meaning and implications of *cura personalis* and how it relates to and is informed by the global story.

- We explore the individual’s interior development and its transformative relationship to our actions in service to a better world. And we explore the global story’s impact on the transformative development of the individual.

- In sacred space we will tap the wisdom resident in the group and drop into the deeper stories that unite the human community and nature.

- Each participant’s reservoir of knowledge and wisdom will shape and inform our learning community. We invite the full measure of your head, heart, hands, and spirit to this workshop to help us contribute to the emerging coaching work of *cura personalis* and the global story.

Course Outcomes

- Coach to the limits of your own development through the support & love of a committed community of holistic/post-heroic leadership coaches

- Strengthen the intellectual and philosophical underpinnings of leadership coaching

- Expand the breadth and depth of your coaching agility with ICF’s core coaching competencies

- Gain an abundance of ready-to-use new materials, methods, and tools for development of self and social reflection, inquiry and strategic actions aligned with *cura personalis* in service to a better world

- Enrich your capacity for courage and boldness in coaching through inspiring case stories, videos, discussions, and learning experiences

- Recognize and practice the scalability of *cura personalis* to the global story

- Understand the distinctions between worldly leadership and global leadership and the diverse ways leaders are arising worldwide
Day 1

1. During the first morning we build our learning community through a series of individual and group exercises, grounding ourselves through personal stories about our cultural lineages that connect us to the global story.

2. We reflect on how *cura personalis* is the foundation of the Georgetown Leadership Coaching program’s philosophy and holistic approach.

3. We view a brief documentary of worldly leadership in the form of one woman taking a stand and changing a nation. We also discuss case stories of holistic leadership from around the globe and the implications for leadership coaching.

Day 2

1. We delve into the inner work of Leadership. In an experiential format, we define and explore several practices that help us as coaches tap the unconscious, "alternative" wisdoms of our clients and their teams. These practices include: active imagining, apontaneous aymbolic association, and aorking with client’s dreams.

2. We move to the outer work of leadership. We look at our personal evolution and when external experiences changed and transformed us. We look at moments where we chose to act that had transformative impact on others through: making a declaration, bearing witness, taking a stand for someone’s dignity and justice, challenging a disrespectful system, culture, or institution.

Day 3

1. We survey cutting edge research on the competences for global leadership and their potential contributions for strengthening leadership coaching.

2. We expand our coaching agility and professional development in accord with ICF’s core competencies.

3. We make personal commitments to on-going exploration and experimentation with *cura personalis* and the global story for sharing within our learning community. This may be done individually or through partnering, with discoveries and breakthroughs to be shared in a community learning blog.
Kirsten Olson (Ed.D., PCC) is Chief Listening Officer at Old Sow Coaching and Consulting in Boston.

A organizational consultant, activist and retreat leader for over twenty years, Kirsten is a co-founder of the Institute for Democratic Education in America (IDEA), an emerging national not-for-profit linking youth and progressive educational activists for educational transformation. Now a full-time leadership coach, her clients include the Kennedy School at Harvard University, the New York City Department of Education, the National Charter School Association, and the Massachusetts Center for Public Charter School Excellence, and many emerging leaders involved in transformation of the educational sector.

The author of Wounded By School (Teachers College Press, 2009), Schools As Colonizers (Verlag, 2008), and The Mindful School Leader (Corwin 2014), Kirsten the author of many articles, book chapters and blog posts on the internal work of transformation and the challenges of transformational leadership in bureaucratized, hierarchical work settings. She is fascinated by the ways individuals and groups can show up to their own brilliance, competence and courage if they give themselves permission to, and the possibilities for society to create supportive environments in which to do so.

Kirsten holds a doctorate from the Harvard Graduate School of Education, where she focused on issues of social justice and educational policy, and an undergraduate degree from Vassar College. Kirsten is a member of the ICF, certified at the PCC level, a graduate of the Compassion-Focused Therapy Institute, Training for Change, and is certified to use the Global Leadership Profile, measuring leadership action logics, through Bill Torbert and Action Inquiry Associates. She is a member of ICF Northeast, the Institute of Coaching, and the Socratic Seminar on Educational and Social Innovation at Columbia University. She is thrilled to teach a course at the Georgetown Institute for Transformational leadership on transformational coaching and the global conversation with Lloyd Raines.

Kirsten is the mother of four children, her best and most perceptive teachers, and is a daily meditator and yoga practitioner. She works on showing up as more real, compassionate and vulnerable every day.
Lloyd Raines (MA, MCC) is Principal of Integral Focus, an executive coaching and leadership development business in the greater Washington DC area.

He has been coaching leaders since 1996, supporting global, national, and local leaders from the United Nations, International for Food Policy Research Institute, Office of the President, the intelligence community, Peace Corps, Booz Allen Hamilton, Marriott International, federal agencies, and local businesses and NGOs.

Prior to beginning his coaching career, Lloyd learned the power of conversation, inquiry, and listening through teaching justice and ethics courses at American University and the University of Maryland University College. He is a founding faculty member of Georgetown University’s Leadership Coaching Program and its recently inaugurated Institute for Transformational Leadership.

Lloyd has been fascinated with the struggles for dignity and human rights throughout history and across cultures, and the challenges presented by unequal power relationships at home, at work, and in society. For the last decade he has been particularly focused on examples of breakthrough leadership around the world, and how leaders with and without positional authority have stepped forward to change entrenched power relationships, the design of institutions, and the inclusiveness of cultures. He also is grounded in the science of sustainability and has developed tools to introduce environmental awareness with leaders.

Lloyd sees coaching as an art, science, and – when done from a place of non-judgment, openness, curiosity, and not-knowing– a form of poetry. He enjoys writing and facilitating conversations that explore the moral and spiritual elements of leadership and leadership coaching in service to a better world.

Lloyd has published articles on leadership coaching, stewardship, and sustainability and presented at local and international coaching conferences on the same topics.
What is the change you want to be when you coach?

If you feel ready to enter a process of intense community learning with other coaches around an emerging personal-global dynamic, please join us!

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